



I Am a Caregiver of a Person With an Intellectual Disability



What To Do If They Get Sick

Have them go to bed. Give them fluids. Keep giving regular medication. They may need acetaminophen for fever - see client's medication plan.



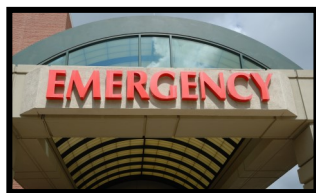
Keep Yourself Safe

If they are sick wear a mask and gloves if you need to go close. Limit number of caregivers attending. Wash hands frequently. Don't share dishes, bedding, towels or bathroom if able.



Emergency Warning Signs

Watch for trouble breathing, pain in chest, confusion, bluish lips, inability to arouse, uncontrollable fever of 101.3° F (38.5°C) or greater.



What To Do In An Emergency

If you see emergency warning signs, or your you think client is getting worse, they will need to go to hospital. Call doctor, nurse (8-11) or ambulance (9-11).



Where To Get More Information

World Health Organization:
www.who.int
B.C. Centre for Disease Control:
www.bccdc.ca



We Appreciate You

We understand this can be very scary and hard for you. You are one of the heroes in this Coronavirus crisis.

Are you scared or anxious right now?

-Talk to your co-workers, friends, family or doctor.

-Or call: